

# Shri Ganesha Saptaham

26-07-10 to 01-08-10



Avadhoota Datta Peethadhipati Jagadguru Paramapoojya  
Sri Sri Sri Ganapati Sachchidananda Swamiji Karakamala Sanjata  
Sri Sri Sri Datta Vijayananda Teertha Swamijis'  
7th Chaturmasya Vrata Deeksha  
25-7-2010 (Sunday) to 23-09-2010 (Thursday)

## Day-1 (26 July 2010)

Suddha Tattva Paramatma swarupa, Adideva, Adipujya Ganapathy is beyond words. Ganapathy is given the prime place in the worship. Generally it is known that Ganapathy is to be worshipped in the beginning but the special meaning is that worshipping Ganapathy alone is sufficient. Such is the status of Ganapathy.

Saptaha Started with the bhajan on Mother Goddess Saraswati and Guru Prarthana:

*Guru re Vahathihi gurume vabhaje gurunaiva sahasmi .namo gurave naguroh paramam sisurasmi guroh matirasti gurau mama pahi gurau...*

Guru has no caste, creed and gender barrier. He can also be addressed as Guru Murthy (feminine gender).

*Viswarupo Viruposau Tasmaisree Gurave Namaha.*

Guru can take any form. Here Guru is in the form of Mother Goddess Saraswati. Goddess Saraswati plays Veena (instrument which is the symbol of vertebrae) and gives knowledge. The rosary in her hand reminds you, not to forget Nama japa even in your busy schedule.

Continuous study is necessary. Swamiji says continuous adhyayana (study) of life history of Sri Swamiji and

Dattadarsanam is essential for self refinement. Goddess Saraswati reminds you to speak soft and not to use harsh words. Worship your Guru everyday in the form of 'Dakshinamurthy', 'Hayagreeva swamy' and 'Saraswati mata' who are the representatives of knowledge.

*Sloka: Gurure vagathihi Gurume vabhaje gurunaiva Sahasmi  
Namo gurave Na guror paramam sisurasmi guroho Mati rasti  
gurau Mama Pahi gurau*

I am trying to reach Guru, I am praying (singing) to Guru, I am living with Guru (continuously thinking of him in all situations), Prostrating in front of my Guru showing our Sahasrara (crown chakra), none is superior to my Guru, I am an infant at the feet of my Guru, I am surrendering my mind (mind explains the boundaries of your thoughts and about the boundless Paramatma) at the feet of my Guru, help me at the time of imbalance and ignorance. This should be ones attitude.

Ganesha, Ganapathy Ganeshwara, Gajanana, Vinayaka, Vighnaraja are the names of Ganapathy. He is the Lord of ganam (groups-all the lokas, knowledge, sadhanas, family, friends, people-none is it which doesn't fall under the name "ganam" in this Universe.).

Ganapathy mantra-Gananaantvam Ganapathy...

is in all the 4 vedas.Ganapathy is also worshipped as 'Vishvaksena'. Ganapathy is in Mooladhara Chakram and one can not avoid this base chakra in sadhana.So Ganapathy is the Prime lord for the base (Earth) and gives Ananda, the Eternal Bliss.

The lord of the Nature (Prakruti-Maya) which is counted according to Numerology (Gayathri Mata) is Ganesha.He is the lord of the visible and non visible worlds.

The Consciousness you have in you is to be visualized as the Universal Consciousness.

Bring the Universal Consciousness in to you and meditate upon the holy feet of your Guru. This is called the meditation. To stabilize your meditation, 'Pranayamam'(special breathing technique) is essential. To highlight the value of Pranayama, Lord Ganesha has taken the form with a long trunk-Symbol of Prana Shakti.

Recognise your inner consciousness and try to improve your power and abilities. Never abuse yourself or underestimate yourself.

Human body is symbol of Maya Gajakara (elephant head) and is the symbol of Paramatma.

Ganapathy is the eradicator of Maya. Out of 21,600 hamsas (breaths) 600 breaths are to be given to Ganapathy everyday.

## Ganesh Sapthaham

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Another name is Vikata - hurdle less. Ganapathy's grace cannot be stopped by hurdles.

One day Ganapathy went for a walk after taking food. His belly was full such that he was not able to bend down. Seeing his state, Chandra (The Moon) burst into laughter (Vikataattahasam) out of mockery.

Ganapathy and Hanuman are the favorite Gods for children. They both are called Sundara because they bring happiness.

**Day – 2 (27 July 2010)**

Second day Ganesha saptaha Pravachanam started with Guru Dhyanam.

The Earth is the base for all of us to walk. Like wise Muladharam is the base for Spiritual journey. If we start our sadhana with Muladharam we will be able to cross the shat chakras (6 chakras) and reach Sahasrara and visualize the Mother Goddess.

*Gum* is the Bijakshara of the Lord Ganapathy.

Ø Lord can be attained only when you tie him to a post called bhakti with a rope called love.

Once there was an old devotee who used to go to the temple taking many prayer books along with him. Every day he recited them with the help of the books. One day he forgot to take the books. He could not recite the prayers without the help of the books.

He decided to tell all the alphabets as all the prayers are written using alphabets.

The Lord was very much pleased with his innocent love and graced the devotee.

Thus one can attain the God's grace with love and devotion. Lord Ganesha is in the form of alphabets (Akshara swarupi).

Our life is like gold mixed with mud. One has to purify it with sadhana, make ornaments out of it and offer it to the Lord. He accepts our devotion and love. One has to attain the power to do so.

Lord Ganesha and Mother Goddess Saraswati are to be worshipped by children before beginning education. One has to sing his name with tune (nada).

**“OM GAM GANAPATHAYE NAMAHA”**

Ganapathy's form attracts one and all.

G=symbolizes the curved trunk;

G +A=GA, symbolizes the ekadanta tattva (one tusked form);

GAM=complete Bijakshara which reminds the form of Ganapathy. He is Akshara Parabrahma, Omkara swarupa, Paramatma swarupa.

Kamasura Samharam: Kama=Desire. When the desire is in limits it is Kama deva, Dharmika Kama, desire with morality which spreads love. When the desire crosses the limits it is Kamaasura, Adharmika Kama, desire without morality.

Kamasura was destroyed by Lord Ganapathy who took the form of 'Vikata'. He is limitless as the 'Paramatma'. He can reach any where at any time.

Jalandhara's power was increased by the pativratya (It is a determination taken by the couple to lead a virtual life which is

useful to the family, society and children) power of his wife Brinda. By his increased power he became cruel. All the celestials prayed lord Shiva to save them. A severe battle took place between lord Shiva and Jalandhara in which it became difficult for lord Shiva to win the battle. Then he prayed to Lord Vishnu. Then Lord Vishnu went to Jalandhara's house in the disguise of maya. Jalandhara and Mayasura was born to Brinda mata and maya Jalandhara. This is to be viewed in the perception of Deva sankalpa, This is not deceiving Brinda mata but this is to decrease the power of Jalandhara. When the power was decreased, Jalandhara was destroyed by lord Shiva.

Kamasura grew up and became a powerful demon. He was married to Thrushna, daughter of Mahishasura. (Thrushna = without contentment). Soshana (the lake of penance Self confidence self power was being dried up by him.) Dushpura (a vessel of desires which cannot be filled up at any cost) were his sons. Ravana (who shouts loudly), Shambara, Mahisha (non reactive) were his friends who were his army chiefs. With such people around him, he acquired immense power and adopted Mrugadharma (no importance to relationships like an animal). Shastra is for the well being of the society. All the Sir names, family names and Gothras are for the maintenance of the relationships. One should not feel shy to disclose their Sirname/



Family name. It is very mean to feel shy to introduce one's parents.

All the celestial Devathas went to Mudgala Maharshi to seek a way out from the cruelty of Kamasura. Mudgala Maharshi prayed to Vikata Vinayaka swamy and he came on Mayura vahana (Peacock as his vehicle). He advised them to pray at Mayura Kshetram (sacred place called Mayura). This is to improve their Sadhana and upasana. There Vikata Vinayaka appeared in front of them, consoled them and went to fight with Kamasura. Kamasura was immensely powerful and lord Vinayaka thought to give upadesa instead of fighting with him. The lord called to him "O Kamasura! Why are you destroying so many people? Why don't you divert yourself towards dharma, devotion sadhana and spirituality?" One can fight the desires only through spirituality.

He was influenced by the voice and the words of Vinayaka and asked the lord to help him to fight the desires in him. Then the lord advised him to leave the friends around him. He agreed to this. Ganapathy Swami brought a change in him and burnt his body with sammohanastra. But his chaitanyam prevails in this world and who ever could fight the kamasura (desires) can be graced fully by Ganapathy. This is boon graced by Ganapathy to Kamasura.

*Jai bolo Sri Maha Ganapathipathi ki Jai!!*

*Jai bolo Vikata Vinayaka swami ki Jai!!*

*"MAYURA VAHANAYA VIDMAHE KAMA HANTRECHA  
DHEEMAHİ TANNO VIKATA PRACHODAYAT"*

## Day-3 (28 July 2010)

On the third day of Ganesha Saptaham , Pujya Sri Bala Swamiji started with Guru Prarthana.

*Jaya lambodura Pahimam Nija Ambasuta rakshamam*

No words are equal to Nama sankeerthana. Ganapathy Chaitanyam is eternal.

Namaskaram=I offer my Life back to you that you have given to me.

Nama smarana along with Nama dharana (chanting and absorbing the name of the God) are to be done. All the 'Kesava nama's are to be absorbed in to the parts of our body.

*Roma romamuna namadharana* (name of Lord Rama has been absorbed into each and every hair on the body) This was done by lord Hanuman.

Nakham (nails) hair and the dust we have walked upon carry our DNA. They are not to be left every where. Cleanliness is the most important one to be followed. Swamiji likes cleanliness very much. Try to win over bad desires.

*Dharma kshetre Kurukshetre Sama vetha Yuyutsavaha*

*Mamakaha Pandavaschaiva Kimakurvata Sanjaya.*

Our body is the Dharma Kshetram. This is the sadhana sareeram. We can get any fruits out of it. Pandava (saddharma) and

Kauravas (bad desires) are fighting inside our body (kurukshetra). We have to try and give victory to Pandavas. Leave 'MINE' - the selfish feeling. Then only can Love develop. Love is different from desire.

**PYAR KARNE WALAO SEEKHO PYAR KARNA .PYAR KA MATALAB HAI PREMIKO SUKHEE DEKHNA.**

*For all the lovers, learn to Love...because to Love is to see your Lover Happy.*

Help me to win over the six thieves who entered in to my house of heart namely- Kama, Krodha, Lobha, Moha, Mada and Maatsarya.

Krodha implies to Rage. Kama, Desire is the base for this rage. Rage, anger should be shown to bring about discipline but should not get in to heart. The easy way to win over your anger is to get angry on the anger which is bothering you. Nama smarana helps you to win over your anger.

**Krodhasura Samharam:** The lord took the form of Lambodara to destroy Krodhasura. The lord diverts your mind with his Vaibhavam (grandeur, splendor).

**Ganapathy Eka Vimsathi Nama (21 names):** Gives the result of chanting Ganapathy Sahasranama. Lord Ganesha initiated these namas to Lord Shiva.

- *Ganamjayaaya Namaha*
- *Ganapathaye Namaha*
- *Heyrambhaya Namaha*
- *Dharanidharaya Namaha*
- *Maha Ganapathaye Namah*
- *Lakshapradaya Namaha*
- *Kshipraprasadanaya Namaha*
- *Amogha Siddhaya Namaha*
- *Amitaya Namaha*
- *Mantraya Namaha*
- *Chintamanaya Namaha*
- *Nidanaye Namaha*
- *Sumanglaya Namaha*
- *Bijaya Namaha*
- *Asaapurakaya Namaha*
- *Varadaya Namaha*
- *Shivaya Namaha*
- *Kashyapaya Namaha*
- *Nandanaya Namaha*
- *Vaachaasiddhaya Namaha*
- *Dhundhi Vinayakaya Namaha.*

Lord Ganapathy has taken the Humorous form-Lambodara (with fat belly) to win over Khrodha (anger).

LAM-Bijakshara is the symbol of Bhu -tattva. Lord Ganapathy is the lord of the base. So He has taken the name Lambodara. He is protecting us as a mother who protects her child in her womb.

*“Brahmandalambanam                      Yasya                      kukshihi  
Lambodarasthusaha”-*

His belly is prime base for this whole Universe. Ganeshaha Tarpana Priyaha-He gets satisfied with oblation and Annadanam.

*“Lambodaravatarovai krodhasura nibarhanaha  
Shakthi brahma Khagasatyat tasyadharat uchyate”*

He has turned the Shakthi Brahma into a bird and climbed it as his vehicle.

At the time of churning the Sea for Amrutha, lord Vishnu had taken the form of Mohini to distribute Amurutha among the deities. After that, lord Shiva had seen Mohini and was empowered with Mohaavesha. From the Aavesha of Shiva , ‘Krodhasura’ was born. The Guru of Krodhasura is ‘Shukracharya’, the Guru of the Demons. He initiated him the Surya mantra.

He lived Aveshapuri at Ratidha. He was married to Preethi. Kama and Lobha were his sons.

Every one prayed to lord Lambodara to protect them from the cruel deeds of Krodhasura.

Lambodara went to the battle field without any weapons. Kamasura burst into laughter by seeing his humorous form. By this, Lord Ganesha had diverted his anger. Krodhasura was using weapons but Lambodara was not fighting back. He was so compassionate towards Krodhasura. He asked the reason and the lord said that he was the power who rendered the boons to Krodhasura at the time of his Surya Upasana sitting in the middle of Surya mandala. Krodhasura became a changed person then. He asked to be in a happy mood always. Then Lambodara asked him to live in the hearts of angry persons and to be happy in the hearts of happy persons leaving his physical body. Lambodara destroyed the physical form of Krodhasura bringing change in him with a smile.

***“LAMBODARAYA VIDMAHE KRODHA HANTRECHA DHEEMAH  
TANNO DANTI PRACHODAYAT”***

## Day-4 (29 July 2010)

Fourth day of Ganaesha saptaham had started with Guru Prarthana and Ganesha Prarthana.

*“Kalam Sankeerthanathau Mukthihi”*. In Kaliyuga, Nama Sankeerthana is enough to pray God. Only Bijakshara chanting is also enough to pray to him. GAM-Ganapathy; DRAM-Dattatreya; RAM-Rama; SHAM-Shiva All the words are formed by letters. Clean your Heart like a mirror with Nama sankeerthana so that you can see yourself clearly into your heart. Strengthen yourself and grow to win over the inner enemies. The power of Ganapathy is spread all over the Universe. Pray to him to get the power to get victory over the inner enemies (arishadvargas-6 enemies-Kama, krodha, moha, lobha, mada, matsarya).

### *“Balam Bhimabhi rakshitam”*

Pandavas were protected by Bhima. Krishna was on their side. Krishna said that each of the Yadava was having equal power to that of Sri Krishna.

Duryodhana selected the yadavas to help him in the battle. But Arjuna knew the value of Sri Krishna. What is the use of running behind a donkey to get milk when you have Kamadhenu, the divine cow with you? Arjuna prayed to Sri



Krishna to guide them. Pray to God and Guru to protect you by allowing you to share the shade of their protective umbrella. We are all under the shade of Datta.

One can grow immensely in spirituality through sadhana.

Ganesha is in the form of Gajanana and his vahana is Mushika (mouse).Mushika is the symbol of atom (power) to indicate that the lord is in every atom (Omni present).

*Agajaanana Padmaarkam Gajaanana Maharnisham  
Anekadantam Bhaktaanam Ekadantamupaasmahe!.*

There is story behind this sloka.A poet started to write a sloka on Ganesha and he started with 'Agajaanana".He felt that it is sounding negative. So he stopped writing and kept the paper near the idol and went to sleep. In the morning when he got up he saw that the sloka was completed.

Agajaanana Padmaarkam-He is like The Sun to the lotus face of the daughter of the mountain. The poet thought that he began the sloka with a negative word but it turned to be a very positive word. Your perception should be positive towards every thing then you will get positive results.

*Gajanana-He protects us and gives Prana shakthi.You get special understanding on his names with the Guru's grace. Every day immediately after getting up or while taking bath or before*

going out pray to him saying “*Om Sumukhaya Namaha*” to cross all the obstacles come in your way.

He is *Ganadhipathy*—He is the ruler of *Aditya & Viswa Vasu* and protects all the celestials.

Another name is *Bhima-Prana Shakthi*. First avatara of *Vayu Deva*. Second avatara is *Vayaputra Hanuman*, third avatara *Bhimasena* and *Ganapathy* is also called as *Bhima* because he gives *Pranashakthi* and shows that symbolically by his trunk. He creates *Bhaya* (fear) to do sins. He is the *Adhipathy* to your body.

Another name is *Ganamjaya*. He helps you to win the phalanx of your enemies at once.

“*Sadaatam Ganesham namamo bhajama*” We are praying singing and doing service to self, society, lord and *Guru*. *Ganapathy* likes all these services. Never forget your self the temple, society and your *Guru*. Pray to God to render you with service.

His is the symbol of *Ichcha shakthi Gnana shakthi* and also *Kriya shakthi*.

We can think and acquire knowledge with our head and *Kriya* (action) is done with our hands.

But *Gajamukha Ganapathy*'s head can do *Kriya* with the trunk. All the senses and action are in his head. He can act immediately after getting the thought. One should not postpone the thought

of service and charity. Dont pile up the wealth. Spend some on charities. Piling up is called Lobha (miserliness).

*Pipeelikaarjitam dhaanyam*, (ants continuously collect food particles and store them)

*Makshika Sanchitam Madhu*, (honey bees collect honey)

*Lubdhiana Sanchitam Dravyam* (a miser collects wealth)

*Sampoornamhi Vinashyathi*. (Completely a waste)

*Lobhasura Samhaaram*: A miser doesn't share his wealth, education, comfort and even the rags he has with him. He doesn't even utilize them for himself. Miserliness is the cause of destruction. One has to win over the miserliness. When you share your wealth in service or charity it will get multiplied. This is the real investment.

Swamy destroyed Lobhasura in the form of Gajaanana. He had mounted his Mooshika vahana (mouse)-Mouse is the symbol of instability (chanchalam).

Lord Kubera(Lord of wealth) is the friend of lord Shiva and hence is lord '*Shiva Kuberamithra*'. On a Shivaratri night, Kubera in one of his previous births went to a Shiva temple looking for food as he was hungry. He lit a lamp by tearing his cloth to use as a wick in the temple, as it was very dark there. Lord Shiva was very much pleased with his act of lighting lamp

on a Shivaratri night and graced him with the Lordship of North side (known as Kubera sthanam) which belongs to him.

Every day one has to light jyothi (lamp) which is good for the house. Dont show your riches while going to a temple.

Kubera went to Kailasa, dressing himself with silk and wearing ornaments. As his mind is fully oriented on ornaments, he could see only the Mother Goddess and he greedily got attracted (Kudrushti) by her ornaments. The Mother cursed him in anger and he lost one eye. Before losing another eye lord Shiva got up from his meditation and stopped The Mother. Lobhasura was born from the greedy look (lobha drushti, kudrushti) of Kubera.

Sukracharya was the Guru of Lobhasura who initiated 'Panchakshari Mantra' to him. He did penance on that Mantra and lord appeared in front of him. He graced Lobhasura with a boon that Lobhasura would stay in everyone's mind. All became selfish with this boon of Lobhasura. The mother did not serve food to her children. No love, no relationships existed anywhere. Selfishness prevailed every where. All of them sought 'Raibhya Maharishi' and he suggested them to pray to Gajanana Swami.

*"...Namami Vighneshwara Pada Pankajam".*

Gajananana Swami had sent lord Shiva as a negotiator to convince him. Shiva went to him in maha Vairagya rupam (passionless) and instructs him to go to Paataala. and blesses that whoever wins over lobha , would reach Him that is "Shiva". Lobhasura was controlled by the Maha Vairagya roopam of lord Shiva.

With this Gayathri mantra one can get rid of the lobhatva (greediness) in the mind.

*"Gajananaya Vidmahe Lobha Hantrecha Dheemahi  
Tanno Danti Prachodayat"*

## Day-5 (30 July 2010)

The fifth day of Ganesha Saptaham started with Prathana and Nama Smarana.

*Mohaasaura Samharam:* Moha mudgara stotram (Bhaja Govinda stotram) was written by Sri Sankara Bhagavatpada which helps to fight the moha like a weapon made of iron called mudgara.

Shankara Bhagavatpada was coming back after taking bath in river Ganga one day. A teacher was teaching Grammar to his student. The student was repeating a same word- 'Dukreekarane'to memorize it.

At the same time, a small vessel which was beside the student came down tumbling and making the same sound'Dukreekarane...Dukreekarane''.

Come out of your duty for some time and divert yourself and get refreshed. Then you will be able to worship your duty.Chant the name of the God. At the end of your life when you are ailing you may not be able to chant though you want to. That day Dukreekarane doesn't help you. So chant today-Narayana, Govinda, Datta, Sadguru...

*“Bhaja Govindam Bhaja Govindam Govindam Bhaja Moodha  
Mate Samprapte Sannihite Kale Nahi Nahi Rakshati  
Dukreekarane”.*

Moham-losing consciousness, forgetting yourself-this gives you comfort when within limits and when it is unlimited then it is ailment.

Mudgaram is an iron weapon. Generally iron is kept in the hands of a person suffering from fits which controls the tremors. Likewise this stotram helps like iron weapon called Mudgaram to control the Moha. Another name for this is ‘Charpata panjarikaa stotram’. Cage made by skin is our body. Inner self is the bird in the cage. This stotram is chanted to awaken the inner self. Thrupti (content) is the solution for Moha.

If the wealth, health and education acquired by you, are not utilized in charities or for yourself, they will get destroyed.

What ever you see may not be the truth. What ever you hear may not be the truth. Think, analyze and know the truth. The process of thinking to know the truth is the victory over the Moha. That is Mohasura samharam.

Mahodara is the form in which the lord destroyed the Moha. ‘Mahodara’ implies to the one who is protecting all of us in his belly. Five important words used in sadhana are- Atma, Jeevaatma, Mahaatma Antharaatma and Paramatma. These are the very easy methods to remember Spirituality.

*Atma* is in all the bodies. *Jeevatma*-The atmas in all the bodies are one and the same. *Mahaatma* will explain you the same. He makes you to understand the *Antaraatma* (inner self). He helps you to see the *Paramatma*. *Jeevatma* and *Paramatma* are one and the same. This is explained in the Upanishads of our country. "Tatvamasī"- *Mahaatma* makes you to understand this. *Mahaatma* joins *Jeevatma* and *Antaraatma* and helps you to see the *Paramatma*. This is *Mohanasanam*.

Fear is the worst fear of all. Fear is the cause of *Moha* which obstructs you from visualizing the truth.

*Mahodara* is with 'Pasa Ankusha Vara Abhaya mudras in his hands'. He is riding on a *Mooshika*. *Moosha*=thief. Our mind steals us from our self like a thief. So *Mahodara* is riding the *Mooshika vahana*, the Mind.

*Munduram Vahane Krutya Khyato Mooshika Vahanaha!*

*Vighna Vinasine Namaha!! Vighna Vinayakaya Namaha!!*

*Vighna*=Time. *Vinayaka* is the form of Time!

Every deed has its own time. Every thing has to be done according to time.

*Vighna Hanthre Namaha! Vighna Vinasha kaya Namaha!*



Abhinandana was a king who decided to perform a Yagna. In his Yagna he had invited all the deities to offer Ahutulu (offerings) directly but forgot to invite Indra deva. Indra was angry and called Kala to destroy the Yagna. He had taken the Vighnasura form. Lord Vinayaka destroyed the Kala. From then onwards he was also called as 'Mrutyum jaya'.

*Mrutyumjaya Vinayaka Swamiki Jai!*

When the Lord Shiva was performing penance, Mata Parvati was attending him. Indra sent Manmadha to distract Shiva from his penance. Lord Shiva opened his eyes and had seen her in the form of an attendant. But he was surprised to observe the change that took place in his mind when he was shot with an arrow by Manmadha. He had observed Manmadha who was hiding in the bushes and burnt him to ashes with anger.

*Parameshwara Moorthy ki Jai!!*

From the changes that took place in the mind of Shiva, Mohasura was born. Shukracharya brought him up and initiated Surya Mantra. Mohasura acquired immense power by Surya Aradhana.

*Om ityeekakshram Brahma Vyaharan Maamanasmaran  
Yah Prayadhi Tyajan Deham Sayaati Paramam Gatim.*

Lord Swami said that he reduces the problems of the people who pray to him by chanting "Om".

Mohasura was married to Madira. Mooshika Vahana Mahodara Swamy appeared to protect the people.

*Mahodara Mooshika Swamiki Jai!*

He ordered lord Vishnu to come in the form of Mohini (The real form of attraction).

Shukracharya advised Mohasura to surrender to lord Vishnu. The lord took Mohasura to Mahodara and Mahodara Swami asked Mohasura to live the hearts of those who abuse their parents and Guru and those who dishonor the elders. The Mohasura who lives in the hearts of the people can be destroyed by the grace of lord Mahodara.

*“Jgyana Daatrecha Vidmahe Moha Hantrecha Dheemahi  
Tanno Dantih Prachodayat”.*

## Day 6 (31 July 2010)

The sixth day of Ganesha Saptaham started with Gurudhyanam  
A slide show was shown by Pujya Sri Bala Swamiji on the tattva  
of the Ganapathy form.

Actually the picture was drawn by a five year old boy.

**Big head** - think big.

**Large ears** - listen more

**Small eyes** - concentrate

**Parushuvu** - to cut off all bonds of attachment

**Pasam (rope)** - to pull you nearer to the highest goal

**Small mouth** - talk less

**One tusk** - to throw away evil

**Blessings** - blesses and protects on the spiritual path to  
Supreme.

**Trunk** - High efficiency and adoptability

**Modaka** - rewards of sadhana

**Large stomach** - peacefully digest all good and bad in life

**Mouse** - desire - unless under control, can cause havoc.  
you ride the desire and keep it under control and don't  
allow it to ride over you.

**Prasada** - The whole world is at your feet and for your  
asking.

Many things are being explained through stories to remember them easily. The characters in Mahabharata remind us of the virtues merely through the story of Mahabharata.

- Duryodhana – Madam (arrogance)
- Yudhishtira –Dharma (virtue);
- Bheema sena – Dharmika balam (virtuous power);
- Arjuna – Ekaagrata (concentration);
- Saha deva – vidya (education);
- Nakula – seva (service).

There is no comparison to the endurance of the Sadguru in protecting his sishya. The virtues of life were discussed by Valmiki Maharshi in Ramayana through 24,000 Slokas which he could have done through one hundred slokas. Vyasa Bhagavan had discussed the Dharma in MahaBharata through one lakh slokas to help the man kind.

Pujya Sri Bala Swamiji had shared the experience of 'Madduru Yaajulu' from 'Jujjuru' with the audience. Installation of Yagna Dattatreya was done by Sri Swamiji in Jujjuru. Datta Koti Yagna was being performed there. They came to Sri Bala Swamiji to invite HH for the Mahapoornahuti on Gurupoornima day. As Sri Bala Swamiji was proceeding to Machilipatnam to start the

Chaturmaasya Vrata Deeksha, HH had attended the Yagna on the way to Machilipatnam before Gurupoornima. The Yagna was being performed with lot of diligence there. After the commencement of the Yagna, Sri Yajulu's elder brother who was 101 years old had passed away.

He was very much composed inspite of his brother's demise saying that he had lived to his fullest of 100 years and attained salvation. That practical attitude should be practiced by one and all. Digesting the facts is indicated by Lambodara Swamy. Before the commencement of the Yagna, Sri Swamiji blessed him saying that he would be there with him through the Yagna. But after the commencement of the Yagna the demise of his brother gave place to people to talk adversely due to ignorance. He was not the Yajamani (chief performer of the Yagna) though he had the experience of performing great Yagnas before. Some other person whose gothram was Bhradwaja (Sri Swamiji's gothram) was the Yajamani of the Yagna due to which the Yagna was not obstructed with the demise of his brother.

The person who was cutting the wood in to pieces to utilize in the Yagna was bitten by a dangerous and poisonous scorpion. His body had turned black. At that time, suddenly, a lady came there and applied some herbal paste on the wound and to the astonishment of every one, some liquid oozed out of the wound

and he became normal within half an hour. That lady was neither seen before in that area nor after! This was possible because Sri Swamiji said that he would be there! At the time of Mahapoornahuthi, unexpectedly a man looking like a mad beggar entered in to the place of Yagna and while everybody was trying to stop him, holding a bidi in his left hand, he blessed them all and left the place immediately. He also was neither seen before nor after the incident took can place. Sadguru can take any unpredictable form to bless his devotees.

The essence of Ramayana is, “Be like Rama and don’t be like Ravana”.

Don’t expect other’s wealth, money and woman to be yours. Don’t expect others to perform anushtana (rituals to be performed everyday) for you. Son or grandson or daughter’s son or sishya can perform anushtana on behalf of a person when he is paralyzed. Mantra can be chanted on behalf of a dumb person by his father or his son. Anushtana or Mantrajapa is to be done personally. There is no short cut or an alternative to this rule.

The essence of Maha Bharata is “Help others to gain righteousness and harm others to gain sin”. Imbibe this essence, to be a good human being.

Mohasura can be destroyed by unveiling the Maya like avoiding a mirage in a desert.

*“Mohaandha koopa kuhare vinipaatithasya  
Lakshmi Nrusimha Mama Dehi Karaavalambam”*

Moham is compared with darkness. Light absorbs the darkness into it. To light a lamp, there are many proceedings which are supposed to be kept ready!! We have to keep the following things ready to light a lamp.

1. A mud lamp
- 2 A base to keep the lamp
3. Making the lamp ready to hold the oil, by soaking the mud lamp in water
- 4.oil
5. Wick and
6. Another light to light the lamp.

After lighting the lamp, we have to look at it and pray for enlightenment.

*“Bhagavantham Parameshwaram  
Preeti Poorvakam Bhajato Mamo  
Paryanugrahaardham Bhagavaan  
Vasudevaha Atma Bhavastvassan*

*Viveka roopena Bhakti Prasada Sneha Sittena  
Sadbhavana abhinivesha Vate Ritena  
Brahmacharyaadi Sadhana Samskaravatpragnavartina  
Virakhtaanthahkaranaadhaarena Vishayavyavruttachitta  
Vallakena  
Raagadweshaakalushitaanivataapa varakasthena  
Nitya pravurthaikagra Dhyana Janita Samyak Darshana  
Bhaswata  
Jgyana Deepena Ajgyanajam Avivekatojatam  
Mithyaprathyay Roopa mohandha kaaram  
Tamonashaya dvidyashaihi nirantaram bhuyat  
Bhagavan Vasudevaha”*

Jgnana Deepam is discussed in Bhagavat Geeta.

Bhagavaan Parameshwara gives all the comforts and also gives atma saukhyam (inner comfort). Fondly, we must pray to him. Let Bhagvan Vasudeva stay in my mind and Atma and light the lamp of enlightenment with the fuel of devotion, with required wind of good thoughts, with the wick of practice, of the lamp of mind which dwells in spirituality by keeping it in a cage of nonpolluting with enmity and envy, by a bright light of concentration and destroy the illusion and the ignorance. With this light of enlightenment, the darkness of Moha can be destroyed. This is Mohaasura samhaaram.



*Madaasura samhaaram:*

*Eka Mukhya Kevalava Damshtarayashya Ganeshituhu*

*Bhumyuddhare Jannashe Vaikadamshtasya keerthyate!*

At the time of Jalapralaya Paramatma had taken the form of Yagna Varaha He is the embodiment of heat. He had evaporated some of the water raise some part of the earth upwards. Varaha means "Good Day". We are all in Swetha Varaha Kalpam. The name "Damshttra" reminds his form.

Eka danta indicates the one and only target to reach the Paramatma. Madaasura had been born out of the sweat of the 'Chyavana Maharshi' The bad smell indicates the "Mada" of a person. The bad smell would be caused by eating food items which not supposed to be eaten by Saadhakas or by getting negative thoughts. One should get cured of this bad smell by taking medicine, by taking teertham or prasadam or by practicing yoga. The bad smell which bothers the person and the persons next to him should be avoided. He was brought up by the demons and Sukracharya initiated Parashakti mantra to him.

*Ganam Jayaya Namaha Ganapathaye Namaha*

*Herambhaya Namaha Dharani Dharaya Namaha*

*Mahaa Ganapathaye Namaha Lakshapradaya Namaha*

*Kshipra Prasadanaaya Namaha Amogha Siddhaye Namaha*

*Amithaya Namaha Manthraya Namaha  
Chintha Manaye Namaha Nidhaye Namaha  
Sumangalaya Namaha Beejaya Namaha  
Aasha Poorakaya Namaha Varadaya Namaha  
Shivaya Namaha Kashyapaya Namaha  
Nanadanaaya Namaha Vaacha Siddhaya Namaha  
Dhundhi Vinayakaya Namaha!*

He had prayed to Parashakthi, the Mother Goddess and asked for comforts that would not have been enjoyed by any one, to be eternal and to be possessed with immense power. The Mother Goddess had graced him with the boon that he had asked for. Saalasa (laziness) the daughter of Pramadaasura was married to him. Those who want to achieve some thing in life should get rid of laziness and postponement. Vilaasi (very much addicted to comforts) Lolupa (greedy) and Dhana priya (greedy for wealth) were the sons of them. Madaasura was born in our hearts along with his family.

Madaasura had gone to Kailasha one day and went inside by pushing Nandi who was trying to stop him. Lord, along with his ganas left Kailasha without giving darshan to him. All the Maharishis had gone and prayed to Maharishi Sanath Kumara and he suggested them to pray to Ekadantha form of Ganapathy for help. Thus They prayed to Ekadanta . The Lord appeared on

Akhuvahana (mouse) in front of them. Ekadantha had gone to Kailasha and made a huge sound lifting his trunk. That sound was unbearable for Madaasura and he had begged the lord to stop the cry. Ekadanta ordered him to leave the Bhuloka to go back to Rasaatala and leave his place. He was blessed that He would be in the minds of people who sleep even after the Sun rise, who sleep in the noon time, who stay without taking bath, who touch the idols and books without washing the hands after eating food and who were very lazy and would be postponing the deeds. Those who pray to the form of Ekadantha would be relieved of the lethargic nature.

***EKADANTAAYA VIDMAHE MADA HANTRECHA DHEEMAHI  
TANNO DANTHIH PRACHODAYAAT!  
JAYA GURU DATTA!!***

**Day-7 (01 Aug 2010)**

Jaya Guru Datta ! Sree GurubhyoNamaha! Sree Guru Datta!

Pujya Sri Bala Swamiji had started the seventh day of his Ganesha saptaha with Guru prarthana. This is the final day of the first saptaha in the series of sapta saptahas.

Let us Pray Lord Ganesha to stay in our lotus hearts. Every thing in this world belongs to Lord Ganesha. You pray Him to bestow you with a mind to offer them to the lord. The form of Ganapathy riding on a lion removing the enmity and establishing the friendliness is referred to as 'Vakratunda Vinayaka'!

Pujya Sri Bala Swamiji's friendship day wishes filled the ambience with the feeling of friendship. Happy Happy Friendship Day!! All the devotees in the Datta family are friends. Our MUTUAL FRIEND is APPAJI!! Sadguru consoles us and comes to our aid at the necessary hour. Sadguru is a friend in need and a friend indeed. Friend is free- end. Climax of the life should be comfortable. Friendship should develop between the wife and husband at mental level. Friendship should develop between the parents and the children. Paramatma is to be called as Paramakarunakara.

*Matsaraasura Samhaaram:* Kaama Krodha lobha moha mada matsaryas are all feelings to be fought with, to gain peace of mind. Kama in permissible limits is allowed, krodha is also allowed to some extent to keep us going in this world, lobha also to the extent of maintaining the relationships in this world is allowed, moha in the form of sleep prevails in the world, mada with respect to knowledge is also permitted to some extent but maatsarya is to be banished completely. Maatsarya is to be avoided to gain progress and achievement in life. Maatsaryam is Vakrabuddhi (crooked mentality).

Vakratunda Vinayaka indicates the Omkaaram and the Gam bijaakshara. Fault finding nature is to be banished.

*Shundadandasya Vakratvat Vakratunda iteeryathe  
Shremtanothi Ramyaana Vikaaropethi Lokavath!*

The lord gives jgnana and lakshmi to people with pure mind.

*Vakram AtmaSwarupam Mukham*

Haridra Ganpathy bestows us with jgnana kalyana.

*Haridravadanam Prabhum Pasankusadharam Devam*

*Modakam Danta mevacha Bhaktha bhaya Pradaakaaram*

*Vande Vighna Vinaashakam.*

Taandava nritya which is performed in the pradoshakala (early hours) also called as Pradosha Nritya, is the favourite Nritya for

our Swamiji. In this nritya (dance) the horns of the Nandeeswara are shown while dancing. The three demons ruling the Swarna puram (golden city), Rajita puram (silver city) and Ayah Puram (iron city) can be killed only when the cities would be on a single line by Lord Parama Shiva. Severe battle was going on as Nandeeshwara observed all this and wanted to serve the lord and therefore had pinned all the three puras with his three horns and brought them in to one line, linearly so that the lord shot the Tripurasuras through the horns of Nadeeswara.

*Jai! Tripuraanthaka Rudra Swamiki Jai!*

In this process the Nandeeswara lost his third horn. Lord Shiva was worried about this loss of his favourite servant Nandeeswara and asked Ganapathy to search for it in the Bhuloka. Ganapathy started off on his Mooshika vahana. The horn was yellow in colour (Haridra varnam). Ganapathy found the horn by its colour and gave it to Rudra and lord Rudra gave it back to Nandeeshwara. As Ganapathy searched and found the horn which was yellow in colour, Ganapathy is called Haridra Ganapathy. The unmarried people who worship Haridra Ganapathy enter into the wedlock.

Once, Celestial king Indra had yawned loudly when he was in his court. The yawning indicates the tiresomeness of the body and mind. Celestials are Animeshas (eyes lids don't get closed). They

don't sleep. Yawn indicating tiresomeness was a bad omen to celestials. Matsarasura was born from the bacteria which came out from the yawning of Indra.

It is suggested by our elders to touch the ear after yawning to relieve the lock of the nerve which may occur sometimes. Even while travelling by a flight it is suggested to close the ears and swallow the saliva.

The cause for the tiresomeness of the body is sleeplessness. Sleeplessness would be caused by continuous thought process. Meditation (Yoga Nidra) is the process of sleep for the celestials which was not being practiced by Indra in the fear of sadhakas. All the vighnas (obstacles) are caused by Indra. He won't bother those who pray to Vighnaadhipathy Vinayaka. Madaasura was married to Eershya.Vishapriya, Sundara Priya were his sons. Maharishis tried to stop his anarchy but in vain. They left his place. While going from that place they had seen four dogs which had followed them and they came across a Go mata (cow) which also had followed them. They all came to an Audumbara tree .There; they had seen a brilliant light. Slowly they had seen the feet then six weapons in six hands and three faces DATTATREYA SWAMI!!

They all complained about Matsaraasura and said that they were all proceeding to Himalayas but on the way in Sahyadri they were graced by lord Dttatreya's darshan, which increased

their power of endurance. He had initiated Vakratunda Swami's mantra to the Maharishis to seek the grace of Lord Vakratunda Vinayaka. Swami appeared in front of them making the sounds of a lion and an elephant at a time riding on SimhaVahana (lion). Swami assured them and had destroyed the army of Matsaraasura. Then Shukraacharya had advised him to seek the mercy of the lord. Matsaraasura was pardoned by the lord. Swami ordered him to leave for Rasaatala. Matsaraasura was instructed to come up when ever the greed, envy and jealous prevail predominantly in the mind of a person. He would be destroyed by the grace of Lord Ganapathy.

***ATTRIVARA DATTA SWAMI KI JAI!!***

***MAHA GANAPATHY KI JAI!!***

***JAYAGURU DATTA!!***

***SREE GURU DATTA!!***